




## Intimate Care Policy

Governing Board with Responsibility	Full Governing Board	
Reviewed/Revised	December 2023	
Date of Next Review	September 2024	
Agreed by Governors	07.02.24	
Additional Notes	Policy applies from EYFS to Year 6 and should be reviewed every 2 years	
<p><b>Princess Frederica CE VA Primary School is committed to child protection and safeguarding children and young people and expects all staff, visitors and volunteers to share this commitment.</b></p>		
<p>When drafting and agreeing policy, governors always act with our four values in mind and our school vision as drivers for change or important decisions. We will ensure that:  <b>Policies positively impact on our staff and children’s growth, their faith, our unity as a school community and promote kindness as a thread through all we do.</b>  <b>We act in line with our collective responsibility around equality and the protected characteristics and always make decisions that foster an understanding and respect for these.</b></p>		

### Vision statement

**‘Belonging, learning and growth for life in all its fullness’**

### Mission Statement

**At Princess Frederica we:**

**Promote social, emotional, spiritual and educational growth in all our children** *(This is how we develop character)*

**Impart the gifts of self-confidence, determination and curiosity with a rich and creative curriculum** *(This is the way we educate)*

**Create a positive impact on our local and global community and environment** *(This is our footprint on the world and community)*

**Nurture friendship, kindness and respect** *(This is how we treat each other)*



## **Introduction**

Intimate care is any care which is associated with invasive procedures relating to bodily functions, bodily products and personal hygiene which demands direct or indirect contact with or exposure of intimate parts of the body, such as cleaning up after a child who has soiled themselves. In addition, some children may need help with dressing/undressing or using the toilet. Most children can carry out these functions themselves but it is recognised that some are unable to due to physical disability, learning difficulties, medical needs or needs arising from the child's stage of development.

This Intimate Care Policy has been developed to safeguard children, support staff and ensure good practice is followed. At Princess Frederica Primary School all staff are checked with the Disclosure and Barring Service (DBS) and we are committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional and caring manner at all times. We believe that the intimate care of children cannot be separated from other aspects of their learning and development and we believe that every child has the right to feel safe and secure. We do not discriminate against children who have not reached a stage where they can manage their own personal hygiene and as such welcome all children to participate in our school and provide appropriate support for each child on an individual basis. We recognise the need to treat all children with respect and dignity when intimate care is given. No child should be attended to in a way that causes distress, embarrassment or pain.

## **Aims**

We aim to:

- Safeguard the rights and promote the welfare of all children and young people including those who may be more vulnerable to abuse.
- Provide guidance and reassurance to staff whose duties may include intimate care.
- Assure parents and carers that staff are knowledgeable about personal care and that their child's individual needs and concerns are taken into consideration.
- Remove barriers to learning and participation, protect from discrimination and ensure inclusion for all children and young people within our setting.

## **Our approach to Best Practice**

Individual intimate care plans will be drawn up in consultation with the SENCO for particular children who may have additional needs, where appropriate to suit the circumstances of the child.

We will work with parents of a child who requires intimate care to establish a preferred procedure for supporting the child.



Where these procedures may require specialist training, we will seek out training for the staff who will be involved in a child's care, ensuring that at least two staff members access the training.

Staff members who are known to the child will take on responsibility for changing nappies and underwear. The staff member who is involved will always ask the child for permission to assist them. The child will be supported to achieve the highest level of autonomy and independence that is possible given their age and capabilities. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child is toileted. Where possible one child will be catered for by one adult unless there is a sound reason for having more adults present. It is the parent's responsibility to provide spare change of clothes including underwear, disposal bags and wipes.

### **Working with parents**

We believe that our partnership with parents is an essential principle in our setting and is particularly necessary in relation to children needing intimate care. We recognise that the information required to carry out intimate care is gained from parents as is prior permission (see Appendix 1). We acknowledge that cultural influences may affect what is deemed 'intimate' and ensure we pay regard to social, ethnic and cultural perspectives through open dialogue with parents.

Parents should be encouraged and empowered to work with staff to ensure that their child's needs are identified, understood and met.

When any intimate care is carried out on children with individual care plans, it will be recorded on their own personal record (see appendix 2). All information concerning intimate care procedures is recorded and stored securely.

### **Accidents**

We appreciate that sometimes children have toileting 'accidents' which are out of character for them. In the event of this, and in the absence of a personal intimate care plan, the child would be fully encouraged and supported to achieve the highest level of autonomy that is possible given their age and capabilities. Staff will encourage the child to do as much for his/herself as possible and parents will be informed the same day. On the rare occasion that a child is soiled to a point where they are unable to clean themselves to a comfortable state, parents would be contacted immediately so that the child could be taken home for bathing.

### **The Protection of children**

The Protection of Children Child Protection procedures will be adhered to. All children will be taught personal safety skills carefully matched to their level of development and understanding to build their confidence and assertiveness about their own body and its



worth. Confident and assertive children who feel their body belongs to them are less vulnerable to abuse.

If a member of staff has a concern about physical changes in a child's presentation, e.g. marks, bruises, soreness etc. s/he will follow our safeguarding procedures.

If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process in order to reach a resolution.

If a child makes an allegation against a member of staff, all necessary procedures will be followed. (See Safeguarding and Child Protection Policy and Procedures)

### **Allegations of Abuse**

Personnel working in intimate situations with children can feel particularly vulnerable. This school policy can help to reassure both staff involved and the parents of vulnerable children. Action will be taken immediately should there be a discrepancy of reports between a child and the adult supporting him or her. Where there is an allegation of abuse, the guidelines in the Child Protection procedures will be followed.

### **Health and Safety**

#### **Guidelines for Changing Children's nappies or underwear**

- If possible children should be changed standing up or using the variable height changing table (hygiene suite) to avoid staff lifting children.
- The child's skin should be cleaned with a disposable wipe.
- Disposable gloves should be worn when changing a child.
- Any soiled or damp clothing should be placed in a plastic carrier bag to be sent home.
- Once the child has been changed and removed from the changing area, the surface should be cleaned with an antibacterial detergent spray or wipe and left to dry.
- Gloves, apron and any items used for cleaning the changing area will be wrapped and disposed of via domestic waste.
- Hands should be thoroughly washed afterwards.
- Complete the intimate care record.

These guidelines should be read in conjunction with policies:

- Health and Safety Policy
- Child Protection and Safeguarding Policy
- Administering Medicine Policy
- Complaints Policy

**Princess Frederica CE**  
College Road, London, NW10 5TP  
Phone: 0208 969 7756



**VA Primary School**  
Head of School – Ms N Christopher  
Executive Head Teacher – Ms S Bouette  
Email: [admin@princessfrederica.brent.sch.uk](mailto:admin@princessfrederica.brent.sch.uk)

**Appendix 1**

(Letter to parent(s) outlining policy/procedures and their consent to carry out ‘intimate care’)

Dear Parents,

I am writing to you regarding occasions when your child may need support with intimate care routines. We have drawn up the attached guidelines to ensure that your child’s needs are met in a professional and dignified manner at all times.

I would be grateful if you could sign and return the slip below once you have read the guidelines and agree to the school carrying out ‘intimate care’ procedures when necessary.

Yours sincerely,

Welfare Officer

-----

I have read a copy of the School’s ‘Intimate Care Policy.’

I agree to the school carrying out ‘intimate care’ on my son/daughter when necessary.

Signed: \_\_\_\_\_

Name: \_\_\_\_\_

Name of child: \_\_\_\_\_

Date: \_\_\_\_\_

**Appendix 2 - log for intimate care for XX**

Date	Time	Adult	Comment E.g. What action was taken