



Knowledge Organiser: Roman Britain

Assessment question: What was life like in Roman Britain?

Religion



Food and drink



The Romans ate a breakfast of **bread** or a **wheat** pancake eaten with dates and honey. At midday they ate a light meal of **fish**, **cold meat**, **bread** and **vegetables**.

Towns and buildings



Roman towns were all built using an **grid system**.

Engineering



The Romans were excellent engineers and built roads across the empire.

Entertainment



The Romans enjoyed lots of hobbies from **chariot racing** to **playing games of dice**.

Clothes



Most Romans wore **tunics** and **cloaks**. Only rich, male Roman citizens were allowed to wear a **toga** (draped linen).

55 BC– Julius Caesar’s first attempt to invade Britain.

43 AD– Emperor Claudius succeeds in invading Britain

122 AD– Hadrian’s wall is built

410 AD– Roman army leaves Britain

Vocabulary: Empire, Romanisation, toga, engineer, god, goddess, mosaic, hypocaust, native Briton, grid system, gladiator